# LOSAR 2020 (Tibetan New Year)

#### AT KSK BUDDHIST CENTER

3777 KSK Lane (off Airport Road) www.nobletruth.org / nobletruth@earthlink.net



#### **3-DAY MAHAKALA RETREAT**

#### Thursday-Saturday, February 20-22, 2020.

This practice traditionally done in Tibetan centers over the world invokes the protector deities and removes obstacles for the year.

**Drub Tab** (great offering) practice includes 6-Armed Mahakala, White Mahakala, 5 Deities, Hayagriva, Tsok, and Long Life Pujas. The last evening will also include a Chi Lu (conquering death) practice and auspicious prayers for the year. Bring tsok offerings, incense, candles.

#### **PRACTICE INSTRUCTIONS: Fridays**, January 31, February 7,

and February 14, I-4 pm at the Gonpa. (Instructions will help with understanding meaning and sequencing of this complex practice.)

**Lunch and tea** are provided first two days. On Saturday, breakfast, lunch and dinner with Gutuk and new year's fortunes is provided. (Suggested donation: \$55 per day or \$140/3 days includes meals, tea, etc.) PLEASE REGISTER so we have a count for food, etc. 505-603-0118 or email nobletruth@earthlink.net.

Sponsor A Meal, Lama offerings, Tea, Tsok food offerings, Shrine Flowers and Torma. *Call 505-603-0118 for information and times.* 

This year's retreat will be dedicated to the health and long life of His Holiness, the fourteenth Dalai Lama, Tenzin Gyatso and His Holiness, the seventeenth Karmapa, Orgyen Trinley Dorje.

**NEW MOON** Sunday, February 23, in the Stupa. Green Tara at 8:00 am and Chenrezig at 5:30 pm.

### LOSAR (NEW YEAR), MONDAY, FEBRUARY 24. At the Gonpa.



8:30 am – 10:00 am All are welcome!

## FIRE PUJA WHITE TARA

Bring incense, candles, etc. Jewel rice and tea will be served.



